Catholic Mom
HOLY CROSS FAMILY MINISTRIES

SUNDAY GOSPEL ACTIVITIES

Family Activity Page

Solemnity of All Saints **Matthew 5: 1-12a**

Today we celebrate a special feast day for all those who are in heaven. This includes those people who have been canonized as Saints by the Church and all of those who have not been canonized. We honor all the people who have died and are in heaven now with God forever.

This week's Gospel talks about the "Beatitudes." These important statements show us how living a blessed life looks differently than the way we usually think it would.

Jesus shares with all who are listening that God loves all of His people. He will share His Kingdom with all who have faith, especially those who are not focused on things of this world but rather the things of Heaven. Jesus promises us that these people are not forgotten. Their reward will be in Heaven, not on earth.

Jesus warns those of us whose hearts are focused on the things of the earth (money, possessions, popularity, having our own way). He tells us that none of these things can replace God's love. We must always put God first in our lives. When we put God first in our day-to-day life, we live our lives differently! As disciples of Jesus Christ, we are called to take care of our neighbors and live for God, not for the world.

Activities:

- Do you know someone who is suffering? What is one tangible way that you can help them this week?
- What earthly things do you focus on instead of the things of Heaven? How can you begin to change your heart?
- This week, wear "eternal vision" goggles. Instead of seeing things through the eyes of the world, view life as Jesus does.