Catholic Mom
HOLY CROSS FAMILY MINISTRIES

SUNDAY GOSPEL ACTIVITIES

Family Activity Page

30th Sunday of Ordinary Time **Matthew 22:34-40**

In today's Gospel, the leaders of Jesus' religious community try to trick Jesus by asking Him, "Which of the commandments is the greatest?" Before Jesus began His church, the Catholic Church, God had given His people three different types of laws. The moral laws (the Ten Commandments) were to last for all time, but the civil and ceremonial laws that guided the people were only necessary until Christ came. All of these laws added up to a *lot,* over 600 commandments! How was Jesus to pick just one?

Because He is God, Jesus had the perfect response. The first and most important commandment, He said, is to love God with every part of you—body, mind, soul, strength, and heart. And the second commandment is to love your neighbor. These are still our two greatest commandments! God's Will for our lives is very simple: we must love God and others well.

Activities:

- Do you over-complicate the will of God? How can you love God more simply in your life? As a family?
- The story of Saint Margaret Mary Alacoque is an excellent example of a saint who loved God and her neighbor. Watch an animated video about her, "My Catholic Family – St. Margaret Mary," on EWTN's YouTube page.
- Pray the Second Joyful Mystery of the Rosary today and meditate on the Visitation, when Mary visited her pregnant cousin Elizabeth. How does Mary teach us to love our neighbor in this story?